



HOW TO TAKE THE QUIZ.

Before you start, be prepared to take two screenshots (or pictures with your phone) of the two charts below as soon as the quiz ends. (Once you leave the quiz, results are not kept.)

- Go to www.Envisiu.com and click the **Take The Quiz** button on front page.
- Look at each statement and give a rank 1 (low) to 7 (high), GOOD at it (Well) or you LOVE to do it (Love).

Figure 1 - Fill in your rating in EACH box (Good & Love)

When finished,

- SCREENSHOT or TAKE A PICTURE of your results on the charts, for any information you want to keep or read later.
 - Capture MOTIVATION chart.
 - Capture ENGAGEMENT chart.

Figure 2 Motivated – Interests – Brings Joy



HOW TO INTERPRET YOUR RESULTS.

- View the top three values from EACH chart.
- MOTIVATED results are your INTERESTS, that bring you joy, even when others are not around.
- ENGAGED results are your WORK VALUES. These show your favorite type of support that keeps you connected with others.

Figure 3 Engaged - Work Values – Be Satisfied



UPDATE YOUR PROFILE

- Read the descriptions of each attribute to get the words you put in your online profile, resume.

- By using these words you attract others who value those skills.
- For more information, see our online courses, especially GET UNSTUCK.

BUILD A LEARNING PLAN

- **KEEP GOING!**

DO WELL & LOVE TO DO IT.

- When the yellow line and teal bar are close, then these are areas you enjoy and satisfy you.
- Do more!



- **DO MORE!**

LOVE TO DO but don't DO WELL.

- When the gold line is below the teal bar, this is an area that you may want to ADD to your life.
- Try new experiences. Volunteer. Learn. Grow.



- **MIX IT UP, with what you love.**
DO WELL, but DON'T LOVE so much.

- If the gold line is above the teal bar, then this shows you do something well.
- But, it may not be the most interesting thing that sustains your interest over time.
- Mix these areas with items you enjoy more.



- TIP: Be aware that if you don't like to do something so much, but others assign it to you because you are good at it, then be sure to balance those things you love to do and do well.

TRANSFORM YOUR LIFE.

- People respect passion and energy.
- Share this quiz with others.
- Talk about what you enjoy and what you're good at
 - 👉 Build a life that feels meaningful, joyful, and full of growth